



the mangrove

MENU

UNIQUE BREAKFAST STACKS

Breakfast stack - Homemade potato cake topped with Mush, Tom, Bacon, sausage & a poached egg. Served with hollandaise sauce
£8.95

Vegetarian Breakfast stack (V,VG) - Homemade potato cake topped with Mush, Tom, Halloumi, Spinach and a poached egg. Served with hollandaise sauce
£8.95

BURGERS & DAWGS

Mighty Mangrove Burger £9.95

Butchers burger on a toasted bun, crisp salad, Beef Tomato and relish, topped with Manx chilli cheddar and onion rings, served with chips, coleslaw and salad

Crispy Chicken Burger £9.95

100% Chicken Breast on a toasted bun crisp salad, Beef Tomato and Cajun Mayo, topped with Manx chilli cheddar and onion rings, served with chips, coleslaw and salad

Spicy Bean Burger (V,VG) £8.95

Lightly spicy Vegetarian Bean Burger on a toasted bun crisp salad, Beef Tomato and Relish, topped with Manx chilli cheddar and onion rings, served with chips, coleslaw and salad (V)

Hot Diggity Dawg £7.95

8 inch Hot dog in a Ramsey Bakery floured Sub with Fried Red Onion
Served with Chips, coleslaw and salad
Make it a Chilli dog for £2 extra

Homemade Curry of the Day

served with Basmati Rice & Naan
£9.95

Penne Pasta (V,VG)

Chunky Roasted Med Veg Style, Basil & Garlic Sauce topped with Black olives (v)
£7.50

PANINIS £5.50 (GF toasties available)

Served with Salad & Coleslaw

Bacon, Brie & Cranberry

Tuna & Cheddar

Cajun Chicken & Manx Cheddar

Tomato, Mozzarella & Red Pesto (V)



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MENU

Adults (GF available)
Sandwich+Crisps+Drink
£5.50

**SANDWICH
DEALS**

Kids (GF available)
Sandwich+Yoghurt+Carton+Fruit
£3.50

KIDS MEALS

Butchers Sausage & Chips
£4.50

Beans on Toast (V,VG)
£3.00

Hot dog n chips (DF)
£4.50

Crispy Chicken Goujons (DF)
Service chips or Pasta
£4.50

Mini Grazer
Cucumber n Carrot sticks, Grapes,
Hummus & a mini ham, cheese &
courgette egg muffin £4.50

Penne Pasta with a Hidden 5
Veg Sauce topped with
Manx cheddar (V,VG) £4.50

JACKETS

Freshly Baked Jacket Potatoes with a choice of fillings
£6.50

Hummus & Salad (V,VG,GF)
Bacon (GF)
Curry of the day
Beans (V,VG,GF)

Tuna Mayonnaise (GF)
Manx Cheddar (V,GF)
Chilli Con Carne (GF)
Cajun Chicken (GF)

Add an extra filling for £1

Please mention any allergies, intolerances or preferences at the till. We will be happy to accommodate.
Coleslaw/Cheese can be removed from many of the dishes to make them Vegan Friendly.

